

HOW TO BOOK

Book online (see below) or use this form. Booking on the day, information & refreshments all at Victoria Hall, Victoria Road, Saltaire BD18 3JS. Book before 25th April and save £1 per workshop, £2 per Evening Event ticket.

POSTAL BOOKINGS MUST BE RECEIVED BY MONDAY 11th MAY

Please print your details in BLOCK CAPITALS
NAME:
ADDRESS
.....
POSTCODE:
TEL:
EMAIL:

Send me further info via email, rather than posting me leaflets

How did you obtain this leaflet?

- By Post
 Other (Please tell us how)

Would you be able to help for a short time on the day?

- Yes
 No

Tick if you require a map

Please send me leaflets and posters to distribute in my local area.

Please send me more information about:

- Yorkshire CND
 OXFAM
 CAAT
 Chernobyl Children's Project

WORKSHOPS

Prices in brackets if booked before 25th April. Please write the workshop numbers you wish to attend in each time slot (see inside for details), with a 2nd choice in case 1st choice is full. Then write the total number of workshops you wish to attend below.

Session	1 st	2 nd
9:00 - 10:30		
11:00 - 12:30		
1:00 - 2:30		
3:00 - 4:30		
5:00 - 6:30		

Adult: workshops @ £7 (£6) each
Concession: workshops @ £6 (£5) each
Child (under 15): .. workshops @ £4 (£3) each
TOTAL £.....

EVENING EVENT

Full: tickets @ £12 (£10) each
Concession: tickets @ £10 (£8) each
Child (under 15): .. tickets @ £4 (£3) each
TOTAL £.....

Donation £.....

GRAND TOTAL £.....

SEND A STAMPED ADDRESSED ENVELOPE, BOOKING FORM & CHEQUE TO:
Day of Dance, Yorkshire CND, 2 Ash Grove, Bradford, BD7 1BN
Please make cheques payable to:
G. L. Eaton (Day of Dance)

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The 42nd Day of Dance

Daytime Workshops
40

Saturday 16th May 2015

Victoria Hall, Saltaire, W. Yorkshire

Evening Event with three live bands, ceilidh, afro-cuban/Brazilian carnival and the 309s swing-jive band plus displays by Taiko drummers.



DANCE, SONG & MORE

All proceeds to Yorkshire CND, Oxfam, CAAT and Chernobyl Children's Fund

Bookings can be made online up until Friday 15th May. Go to www.dayofdance.co.uk and follow the booking link or find us on www.skiddle.com/events



Please make sure you consent to passing on your contact details to us.

Enquiries: Yorkshire CND, Denise 01274 730795 or Louise 01484 664265
Email: denise@yorkshirecnd.org.uk / www.dayofdance.co.uk / www.yorkshirecnd.org.uk

11:00 - 12:30

- North West Morris
- Storytelling
- Dru Yoga
- ✳️ 5 Rhythms
- ✳️ Modern Arabic Dance
- Victorian Dances
- Tango Argentino
- Appalachian
- Rock 'n' Roll/ Swing-Jive
- Contemporary Dance

- (1) Come & shake a stick with RAINBOW Saltaire's own Morris team. See what fun it is. You may even want to join.
- (2) Learn the ancient art of storytelling with ROD DIMBLEBY of the renowned Shiegy Dog Story Tellers. Hebdden Bridge.
- (3) ALAN INGLIS will help you to energise and relax body and mind with this flowing style of yoga. Bring mat and blanket
- (4) Experience the 5 Rhythms & feel at home in your body with ROSE RAMSAY. Bare feet/soft dance shoes. Popular tutor.
- (5) Lift your energy with LEONIE CAMPBELL of Mazazik Dance – modern, easy to learn dance with a touch of funk. New
- (6) Join the ARBEAU DANCERS (who perform nationwide) for a fine selection of dances from the Victorian era. It's a must!
- (7) Learn the basics with TANGO YORKSHIRE who run classes in Leeds. Dewsbury & Sheffield. www.tangoyorksire.co.uk
- (8) Saltaire's ROLL BACK THE CARPET will teach a simple routine to live music. For all ages. Tap or hard soles!
- (9) Join ANGELA BUCKLE for a fantastic combination of Rock 'n' Roll and Swing/Jive. Very popular tutor and workshop.
- (10) OLD SCHOOL DANCEWORKS. Halifax teach expressive dance combining modern, jazz and ballet. Bare feet. New

1:00 - 2:30

- French / Breton Dance
- Biodanza
- World Music Drum & Dance
- Stretch Yourself with EFT
- ✳️ Think You Can't Sing?
- ✳️ Golden Age Belly Dance
- Chacarera
- Traditional Greek Dance
- Scottish & Ceilidh Dance
- Strictly Come Dancing
- Nia Dance

- (11) Don't miss YANNICK's easy Breton circles & elegant French couple dances with live band LES PANARDS DANSANTS.
- (12) A joyful, invigorating and uplifting South American system of dance. new to West Yorkshire. led by NOEL WATKINS.
- (13) HONEYDRUM return with an energising mix of Afro-Cuban and Afro-Brazilian drumming, song and dance. All welcome
- (14) GWYNETH MOSS will teach EFT to loosen and dissolve physical & emotional tension www.emotional-health.co.uk New
- (15) Singer LIZ NAREY will prove you wrong! Return of this popular 'singing for fun' workshop. Liz teaches in Bingley.
- (16) SANDRA THOMPSON offers this very feminine dance with veils, reminiscent of 1950s Hollywood. Veils provided. New
- (17) TANGO YORKSHIRE will teach this lively folk dance from rural Argentina. Ladies wear long skirt or scarf. New workshop.
- (18) STERGIOS SERBEZIS returns with a tour around Greece's regions, learning easy traditional (mostly) circle dances.
- (19) Join RSCDS teacher VERONICA HUGHES for a session for beginners and the more experienced. Soft shoes.
- (20) Learn Waltz/Quick Step/Rumba Cha & Foxtrot with ANGELA BUCKLE Latin American '98 medalist. See No 14
- (21) Join AMANDA FRANKLIN for a mix of 'Jazz, Modern, African dance & Tai Chi to exhilarate, calm and soothe.

3:00 - 4:30

- Gypsy/Rom Circle Dance
- Sing & Swing
- Edwardian House Party
- ✳️ Somatics
- ✳️ Stoppdance
- Taiko Drumming
- Tribal Belly Dance
- Charleston
- Dance with Poi
- Lancashire Clog

- (22) SOPHIA HATCH returns with traditional + recent E. European Rom Circle dances –lively + slower. Sensual + energising!
- (23) ANN PERRY will help you swing your time away singing easy to learn upbeat Southern USA Gospels and Spirituals.
- (24) ROB & TESSA BENIE from Shropshire will teach you a selection of dances for an Edwardian House Party. New wkshop.
- (25) Join DAVID FLEMING to learn how to relax contracted muscles & retrain habitual movements to become pain free.
- (26) Stop the mind, start the dance. Active movement, body awareness and dance meditation with PREM SIMONE. New.
- (27) Learn a piece of Japanese-style drumming with Kaminari Taiko. Suits beginners. Equipment provided. Limited places. EE
- (28) CHRIS OGDEN leads this popular upbeat fusion combining Arabic, North African, Spanish, Gypsy & Indian dance.
- (29) Another chance to capture the Rearing Twenties with ANGELA & SHELLEY's fun Charleston routine. No partner needed
- (30) HELEN KEMP'S returns to share her passion for Poi (a sacred Maori practice from New Zealand) and Ribbon Twirling.
- (31) Never seen a clog? Turn your feet into a percussive instrument with CLOGAIRE. Hard soles. Some clogs to borrow.

5:00 - 6:30

- Anything goes Cuban style
- Yiddish Songs
- Nubian Dance
- Shiatsu Acupressure Massage
- Salsa
- Modern Line Dance
- Nicaraguan Folk Dance
- Traditional Indian Dance
- Drum Circle

- (32) SHARON CROSBY brings you a mix of tribal, latin styles and belly dance to a Cuban soundtrack. Fun & easy to learn.
- (33) PHIL TOMLINSON of the Klatsk will teach some simple and beautiful Jewish folk songs" Popular workshop last time.
- (34) Nubian Dance with LOVEDAY - From the Nubians of Southern Egypt a feel good line dance for men and women.
- (35) Join LIS DALE for a practical workshop using gentle pressure, stretches and rotations to restore natural balance. New
- (36) Trev of SALSA LEEDS teaches sizzling salsa for beginners & the more experienced <http://salsadancersleeds.co.uk>
- (37) Join MARGARET SWIFT and have some fun with easy to learn Modern Line Dance. No Partner Required.
- (38) SON DE AMERICA teach El Solar de Marimbo – energetic dance from a revolutionary barrío. Flat shoes/bare feet. New
- (39) Learn beautiful hand gestures and rhythms of Indian Dance with SHANTHA RAO. See www.annapurnadance.com
- (40) An "anyone-and-everyone" drum circle with STEVE HILL of Dafatasdrum. Just bring your hands & your heartbeat.

EVENING EVENT

Saturday 16th May 2015 - Victoria Hall, Saltaire

8.00 - 11.15 'DANCING THE NIGHT AWAY' – the DAY OF DANCE EVENING EVENT!

Three fantastic live bands plus interval displays by the amazing Kaminari Taiko drummers!

○ MAIN CEILIDH with Fools Jig and caller Bob Carter

○ AFRO-CUBAN/BRAZILIAN CARNIVAL – drum, dance & song with Honeydrum

○ SWING JIVE PARTY with the fantastic 309s www.the309s.com

Three fantastic rooms of dance all on one ticket!

Prices overleaf. Bar open throughout the evening. Cafe open from 10.30am - 5.00pm for drinks & cakes, plus delicious lunches from midday

VENUES: ○ Victoria Hall

• Saltaire Methodist Church

✳️ Saltaire United Reform Church

We are most grateful to those who make this event possible by giving their time without payment